

DIVE DEEPER Sermon Discussion Guide

Fruit of the Spirit part 4: PATIENCE

1. What part of the text or message had the greatest impact on you? Where were you most encouraged, intrigued, or challenged?
2. What (or who) tends to test your patience the most? Why?
3. What role does the Holy Spirit play in cultivating patience? What is our part in the process?
4. If patience is a calm endurance based on the certainty that God is in control, how could impatience be a form of unbelief? Explain.
5. Read Psalm 37:1-8. Look again at the commands - list them. What do they have to do with patience? Which of them would you say are the hardest for you to obey or do you need to work on the most? What does it mean to “fret” (vs 7)? What does fretting do to the believer?
6. Why is patience a particularly important virtue for Christians? How would your life be different if you exhibited more patience? How would increased patience affect your walk with God? Your relationship with others?
7. How have any of the 4 false assumptions mentioned in the message contributed to you being impatient?
8. Which of the 4 patient principles would be the *most* beneficial to helping you deepen in the area of patience? Share an example of God’s great patience with you.

Additional Resources:

- Podcast: <https://www.christianitytoday.com/ct/podcasts/steadfast/patience-for-bright-hope-with-bob-goff.html>
- Book: “Everybody, Always” by Bob Goff
- Blog: <https://www.desiringgod.org/articles/the-power-for-our-patience>