

DIVE DEEPER Sermon Discussion Guide

Fruit of the Spirit part 5: KINDNESS

1. What part of the text or message had the greatest impact on you? Where were you most encouraged, intrigued, or challenged?
2. Share an example of how a small act of kindness made a difference in your life?
3. How is kindness rooted in the character of God Himself (Psalm 145:8; Ephesians 2:4-7; Titus 3:4-7)?
4. Read Luke 8:40-56. Of all the people who were pressing for Jesus' attention, two get through to Him – how? How is that related to what it means to be kind? How is this story an expression of the kindness of Jesus?
5. How might kindness be one of the most under-rated 'fruits' on the stand? How can the church better reflect this fruit so that it can be seen by the world?
6. What tends to block the practice of kindness in my life? What can I do to develop more of a kindness attitude?
7. Of all the ways mentioned in Sunday's message to cultivate kindness, which is the *easiest* for you to do? Which is the most challenging? Why?
8. What did the study of this particular fruit stir in you? Are there changes you want to make? Is there an issue or situation in your life that would improve with more kindness?

Additional Resources:

- Book: "The Knowledge of the Holy" by AW Tozer
- Blog: <https://www.thegospelcoalition.org/blogs/scotty-smith/revolutionary-kindness/>
- Blog: <https://www.desiringgod.org/articles/look-for-the-kindness-of-the-lord>