

“Kindness”

Fruit of the Spirit - Part 5

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“But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, **kindness**, goodness, faithfulness, gentleness, and self-control.” Galatians 5:22-23 (NLT)

Kindness is love in action.

“Love is patient and **kind**.” 1 Corinthians 13:4 (NLT)
“. . . it looks for a way of being constructive.” (J.B. Phillips)

“Do to others whatever you would like them to do to you.”
Matthew 7:12 (NLT)

5 Ways to Cultivate Kindness:

1. Kindness is encouraging the discouraged.

“When we get together, I want to encourage you in your faith, but I also want to be encouraged by yours.” Romans 1:12 (NLT)

“So encourage each other and build each other up, just as you are already doing.” 1 Thessalonians 5:11 (NLT)

- words

- smile

“A cheerful look brings joy to the heart; good news makes for good health.” Proverbs 15:30 (NLT)

- touch

“Greet one another with a holy kiss.” 2 Corinthians 13:12 (NIV)

- gifts

- help

2. Kindness is remembering the forgotten.

“For there will never cease to be poor in the land. Therefore I command you, ‘You shall open wide your hand to your brother, to the needy and to the poor, in your land.’” Deuteronomy 15:11 (ESV)

3. Kindness is being patient with the difficult.

“A servant of the Lord must not quarrel but must be kind to everyone, be able to teach, and be patient with difficult people.” 2 Timothy 2:24 (NLT)

4. Kindness is forgiving the unforgivable.

“Make allowance for each other’s faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.”
Colossians 3:13 (NLT)

5. Kindness is Jesus.

“. . . in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.”
Ephesians 2:7 (NIV)

“But when the kindness and love of God our Savior appeared, he saved us, not because of righteous things we had done, but because of his mercy.” Titus 3:4-5 (NIV)